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| **FRESHMAN YEAR** | | | | | | | | | | | | | | | | | | | | | **COURSE SEQUENCE NOTES** | |
| **FALL** | | | **Hours** | | | **Grade** | | | **Overlay** | | | **SPRING** | | | **Hours** | | **Grade** | | **Overlay** | | **Area B1** must be completed during either semester of the first 30 hours of coursework  **Area B2** must be completed during either semester of the second 30 hours of coursework  **Area C1:** ENLG 2110; AFST 2010; IDST 2305; PHIL 2010; BLST 2010; RELI 1111  **Area C2:** ARTS, MUSC, THEA 1105; IDST 2310, 2315  *\*Choose 1 from Area C 1and 1 from Area C2*  **Area D:** BIOL 1107/L, 1100/L, 1120/L; CHEM 1211/L, 1212/L; PHYS 1111/L, 1112/L (others as listed in catalog)  *\*Choose 2 Area D Courses*  **AREA E**: HIST 1131, 1132, 2111, 2112; PSCY 1101, POLS 1150; ECON 2100, 2105, 2106; GEOG 1101, 1102; SOCI 1121); ANTH 1102  *\*Choose 3 Area E Courses*  **Area F:** HSCS 2813 2823 or BIOL 2160, 2170; KINS 2303; KINS 2313; KINS 2323; KINS 2331  Any of the Area C, Area D, Area E, and Area F courses can be completed in any order, during any semester as long as all pre-requisites are met for that course.  ***Potential*** Summer Courses Offered  1. HSCS 2813: Anatomy of Human Movement  2. HSCS 2823: Physiology of Human Movement  3. KINS 2323: Nutrition  4. KINS 2331- Medical Terminology  5. KINS 2303: Personal Health & Fitness  6. KINS 3313: Hl. Promotion Program Planning  7. KINS 3323: Substance Use & Abuse  8. KINS 3343: Human Sexuality  9. KINS 4333: Sex, Gender, & Sexology  10. KINS 4306: Internship (capstone)  11. KINS 4813: Research Methods in Kinesiology | |
| KINS 0001 - 1ST Year Academic Seminar | | | 1 | | |  | | |  | | |  | | |  | |  | |  | |
| Area A1: ENGL 1101 English Composition I | | | 3 | | |  | | |  | | | Area A1: ENGL 1102 -English Composition II | | | 3 | |  | |  | |
| Area B1: GC1Y: Critical Thinking | | | 3 | | |  | | |  | | | Area E: Social Science  (POLS 1150\* or other Area E Social Science) | | | 3 | |  | |  | |
| Area A2: Quantitative Skills  (MATH 1101 or other A2 quantitative option) | | | 3 | | |  | | |  | | | Area C1: Humanities and Ethics | | | 3 | |  | |  | |
| Area D: Natural Science with Lab (BIOL 1100/L) | | | 4 | | |  | | |  | | | Area D: Natural Science with Lab (BIOL 1120/L) | | | 4 | |  | |  | |
| Area C2: Fine Arts | | | 3 | | |  | | |  | | | Area F: KINS 2303 Personal Health and Fitness | | | 3 | |  | |  | |
| **\*POLS 1150 completes US & Georgia Constitution requirements or pass local exam \*\*Passing of Regent’s exam after completion of ENGL 1102** | | | | | | | | | | | | | | | | | | | | |
| **TOTAL** | | | | | **16 Hrs.** | | | | | | | **TOTAL** | | | **16 Hrs.** | | | | | |
| **SOPHMORE YEAR** | | | | | | | | | | | | | | | | | | | | |
| **FALL** | | | | **Hours** | | | **Grade** | | | **Overlay** | | **SPRING** | | | **Hours** | | **Grade** | | **Overlay** | |
| Area B2: GC2Y: Global Perspectives | | | | 4 | | |  | | |  | | Area F: KINS 2313 Introduction to Public Health | | | 3 | |  | |  | |
| Area D: MATH 2600 Statistics | | | | 3 | | |  | | |  | | Area F: KINS 2323 Nutrition | | | 3 | |  | |  | |
| Area F: HSCS 2813 Anat of Human Movement **or** BIOL 2160 | | | | 4 | | |  | | |  | | Area F: HSCS 2823 Physiology of Hum. Movement **or** BIOL 2170 | | | 4 | |  | |  | |
| Area F: KINS 2331 Medical Terminology | | | | 1 | | |  | | |  | | Area E: Social Science  (HIST 2111 or 2112\* **or** other Area E Social Science) | | | 3 | |  | |  | |
| Area E: Social Science | | | | 3 | | |  | | |  | |  | | |  | |  | |  | |
| **\*HIST 2111 or 2112 completes US/GA History requirements or pass local examination. \*\*OBTAIN CPR/FIRST AID CERTIFICATION** | | | | | | | | | | | | | | | | | | | | |
| **TOTAL** | | | | | **15 Hrs.** | | | | | | | **TOTAL** | | | **13 Hrs.** | | | | | |
| **JUNIOR YEAR** | | | | | | | | | | | | | | | | | | | | |
| **FALL** | | | | | **Hrs** | | | | **Grade** | | | **SPRING** | | | **Hrs** | | **Grade** | | | |
| KINS 4353: Global Public Health | | | | | 3 | | | |  | | | KINS 3313: Health Promotion Program Planning | | | 3 | |  | | | |
| KINS 3303: Community Health | | | | | 3 | | | |  | | | KINS 3323: Substance Use & Abuse | | | 3 | |  | | | |
| KINS 4323: US Women’s Health & Social Issues **or**  *KINS 4333: Sex Gender & Sexology (summer offering)* | | | | | 3 | | | |  | | | KINS 3333: Epidemiology & Human Disease | | | 3 | |  | | | |
| KINS 3353: Introduction to Environmental Health | | | | | 3 | | | |  | | | KINS 3343: Human Sexuality | | | 3 | |  | | | |
| Minor class **or** Approved Elective | | | | | 3 | | | |  | | | Minor Class **or** Approved Elective | | | 3 | |  | | | |
| **TOTAL** | | | | | **15 Hrs.** | | | | | | | **TOTAL** | | | **15 Hrs.** | | | | | |
| **SENIOR YEAR** | | | | | | | | | | | | | | | | | | | | |
| **FALL** | | | | | **Hrs** | | | **Grade** | | | **Overlay** | **SPRING** | | | **Hours** | **Grade** | | **Overlay** | | |
| KINS 4363: Public Health Policy & Systems | | | | | 3 | | |  | | |  | KINS 4306: Internship (Capstone) | | | 12 |  | |  | | |
| KINS 4343: Methods of Health Promotion | | | | | 3 | | |  | | |  | Minor class **or** Approved Elective | | | 3 |  | |  | | |
| KINS 4813: Research Methods in Kinesiology | | | | | 3 | | |  | | |  |  | | |  |  | |  | | |
| Minor class **or** Approved Elective | | | | | 3 | | |  | | |  |  | | |  |  | |  | | |
| Minor class **or** Approved Elective | | | | | 3 | | |  | | |  |  | | |  |  | |  | | |
| **TOTAL** | | | | | **15 Hrs.** | | | | | | | **TOTAL** | | | **15 Hrs.** | | | | | |
| **TOTAL HOURS FOR GRADUATION: 121** | | | | | | | | | | | | | | | | | | | | |
| **Ms. Jessica Kennedy** | **Academic Advisor** | | | | | | | | | | | **Phone: 478-445-4022** | **Office: Lanier Hall, 2nd Floor** | | | | | | **Email:** [jessica.kennedy@gcsu.edu](mailto:jessica.kennedy@gcsu.edu) | |

## Community Health Major Area F: 18 hours Prerequisites

HSCS 2813: Anatomy of Human Movement (4 hrs)

or BIOL 2160

HSCS 2823: Physiology of Human Movement (4 hrs) HSCS 2813; BIOL 2160

or BIOL 2170

KINS 2313: Introduction to Public Health (3 hrs)

KINS 2331: Medical Terminology (1 hr)

KINS 2323: Nutrition (3 hrs)

KINS 2303: Personal Health & Fitness (3 hrs)

## Community Health Major Requirements: 45 hours KINS 4353: Global Public Health (3 hrs)

**KINS 3303: Community Health (3 hrs)** \*HSCS 2813 & 2823 (or BIOL 2160 & 2170); KINS 2303; KINS 2313; KINS 2323; KINS 2331

**KINS 3313: Health Promotion Program Planning (3 hrs)** \*HSCS 2813 & 2823 (or BIOL 2160 & 2170); KINS 2303; KINS 2313; KINS 2323; KINS 2331

KINS 3323: Substance Use & Abuse (3 hrs)

KINS 3333: Epidemiology & Human Disease (3 hrs)

KINS 3343: Human Sexuality (3 hrs)

KINS 3353: Introduction to Environmental Health (3 hrs)

**KINS 4363: Public Health Policy & Systems (3 hrs)** \*HSCS 2813 & 2823 (or BIOL 2160 & 2170); KINS 2303; KINS 2313; KINS 2323; KINS 2331

KINS 4323: US Women’s Health & Social Issues

**or** KINS 3433: Sex, Gender, & Sexology (3 hrs)

**KINS 4343: Methods of Health Promotion (3 hrs)** \*HSCS 2813 & 2823 (or BIOL 2160 & 2170); KINS 2303; KINS 2313; KINS 2323; KINS 2331

**KINS 4813: Research Methods in Kinesiology (3 hrs)** \*HSCS 2813 & 2823 (or BIOL 2160 & 2170); MATH 2600

**KINS 4306: internship (capstone) (12 hrs) \*Completed in last semester either Spring or Summer**

***Minor or Approved Electives: 15 hours***

***\*University Requirements 42 hours:*** Area A-E courses; Global/U.S./Speaking/Writing overlays; US/GA History requirements (via course or examination); US and Georgia Constitution requirements (via course or examination); Regents Examinations. In addition to the overlay requirements, Georgia College students are required to complete **two additional Global Perspectives (GL)** learning goals as a requirement for graduation.

**Community Health Program Notes:**

1. Students must maintain an overall Grade Point Average (GPA) of 2.5 or better throughout the Community Program. Students whose GPA falls below 2.5 are given one semester to achieve a GPA of 2.5. If the GPA does not return to 2.5 or better after one semester, the student will be withheld from the continuing in the program of study until the GPA has returned to 2.5 or higher.

2. Grades of C or better are required in Area F, major, minor and approved elective courses.  Students who fail to earn grades of C or better in Area F or major courses will not be permitted to enroll in additional major courses until these courses are repeated and the student has earned satisfactory grades.

3. Current certifications in CPR/AED and First Aid are required.

4. Students will be required to show proof of liability insurance prior to interning.

5. Students will be required to complete service learning projects which are discipline-specific.