



Dr. Liz Speelman is the Director of the Outdoor Center and Senior Lecturer in Outdoor Education. She earned her Ph.D. in Educational Psychology from the University of Georgia and also holds a M.Ed. in Health & Physical Education with a concentration in Outdoor Education Administration from Georgia College and a B.Sc. in Environmental Science from the University of Guelph (Canada). She teaches classes in group dynamics and development, facilitation, experiential education and challenge course management and recently published a book about the challenge course industry titled *Aerial Adventure Environments: The Theory and Practice of the Challenge Course, Zip Line, and Canopy Tour*

*Industry* where she served as the lead author. She is very active in her professional associations as well as university and college committees at Georgia College. As the Director of the Outdoor Center she engages in teambuilding and leadership programs with both the Georgia College and local community.