Major in Exercise Science

Students in the Exercise Science program prepare for a career through “hands-on” learning experiences. There is an increasing need throughout the world for qualified exercise science professionals. Future career opportunities exist in the following settings or positions: corporate fitness programs, commercial fitness centers, cardio-pulmonary rehabilitation programs, strength and conditioning coordinator, personal training services and ergonomics.

Students must be first aid/CPR certified and are required to complete service-learning projects within their discipline. The curriculum consists of courses from a variety of disciplines including public health, health sciences and behavioral sciences. Central to the program of study is applied service-learning opportunities offered through a range of course projects and internships. Georgia College offers an undergraduate curriculum that emphasizes liberal arts and includes professional degree programs that provide students with a breadth and depth of preparation for their intended careers.

Students pursuing the BS degree in Exercise Science will choose from one of three concentration tracks:
- BS in Exercise Science with a concentration in Performance and Fitness
- BS in Exercise Science with a concentration in Pre-Professional
- BS in Exercise Science with a concentration in Sports Medicine

Make an Impact

The breadth and depth of knowledge gained will prepare graduates for a variety of career paths...

- Athlete Representative
- Event Coordinator
- Program Coordinator
- Fundraising
- Athletics Administrator
- Research Assistant
- Assessment and Evaluation Teacher
- Program Development
- Athletic Training
- Personal Training
- Rehabilitation Director
- Health Club Manager
- Group Fitness Instructor
- Coach
- Camp Director
- Activity Specialist
- Health Educator
- Kinesiologist
- Physiotherapist
- Wellness Coordinator
- Recreation Therapist
- Orthopedic Technician
- Massage Therapist
- Health Care Consultant

...the possibilities are endless.
Explore and Engage with Exercise Science

- Participate in undergraduate research
- Join the Exercise Science Club
- Meet with a faculty member
- Meet with a career advisor to discuss your plan
- Join GC Athletic Training Student Organization (GCATSO)
- Take a class
- Talk to your academic advisor
- Connect with alumni via LinkedIn

Considering adding a Minor?
These minors can complement the Exercise Science major

- Chemistry
- Global Health Studies
- Public Health
- Physical Education

Top employers at GC for Exercise Science majors

- Benchmark Physical Therapy
- Emory Healthcare

Mean Starting Salary for Exercise Science majors

$35,487*

*based on NACE First Destinations for the College Class of 2020 for Rehab & Therapeutic Professions majors

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