Certification Requirements

Requirements for Fitness Instructors & Personal Trainers

Thank you for your interest in working with Wellness and Recreation in the fitness/wellness program.

Candidates for group fitness and personal training must hold a national certification.

➢ Preferred certifications:
  - ACE: [http://www.acefitness.org/fitness-certifications/group-fitness-certification/default.aspx](http://www.acefitness.org/fitness-certifications/group-fitness-certification/default.aspx)
  - ACSM: [https://www.acsm.org/get-stay-certified](https://www.acsm.org/get-stay-certified)
  - NASM: [http://www.nasm.org](http://www.nasm.org)
  - ISSA: [https://www.issaonline.edu/](https://www.issaonline.edu/)

➢ Application Procedure
  - Submit an online application ([www.gcsu.edu/wellnessrec/job-opportunities](http://www.gcsu.edu/wellnessrec/job-opportunities)). *
    Make certain you select the Correct Position on the application.*
  - Qualified applicants will be contacted to schedule an interview and audition.
  - Prepare an audition consisting of a 20-minute version of the class format you would like to teach, including warm-up and cool-down. A separate audition may be required for each class format you would like to teach.
  - Group fitness instructors and Personal Trainers are required to attend mandatory meetings and **commit** to the classes you will be teaching.