

## B.S. in Exercise Science (Fitness Performance Concentration)

Year 1																					
Fall						Spring						Summer/Notes									
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade	Summer Classes can be taken to lighten Fall/Spring load  POLS 1150 in Area E will satisfy US and GA Constitution Requirements  HIST 2111 or 2112 will satisfy US or GA History Requirements									
ENGL1101	English Composition I	3	A			ENGL1102	English Composition II	3	A												
Area A Math	Any Area A Math	3	A			MATH2600	Statistics	3	D												
CHEM 1151/1	Survey of Chemistry	4	D			Core Choice	Area D Science with Lab	4	D												
GC1Y 1000	Critical Thinking	3	B			Core Choice	Area C Humanities and Ethics Course	3	C												
KINS0001	First Year Academic Seminar	1				Area E	Area E Social Science Course Choice 1	3	E												
<b>Total</b>		<b>14</b>				<b>Total</b>		<b>16</b>													
Area A and GC1Y 1000 must be completed by 30 earned hours																					
Year 2																					
Fall						Spring								Summer/Notes							
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade			Summer classes can be taken to lighten the Fall/Spring semester load							
HSCS2813	Anatomy of Human Mvt	4	F			HSCS2823	Physiology of Human Mvt	4	F												
KINS2331	Medical Term	1	F			KINS2200	Intro/Exercise Biochem	3	F												
KINS2323	Nutrition	3	F			KINS2302	Personal Health/Fit	3	F												
Core Choice	Area E Social Science Course Choice 2	3	E			Core Choice	Area C Fine Arts Course	3	C												
GC2Y 2000	Global Perspectives	4	B			Core Choice	Area E Social Science Course Choice 3	3	E												
<b>Total</b>		<b>15</b>				<b>Total</b>		<b>16</b>													
GC2Y 2000 must be taken between 30-59 earned hours Recommend Legislative Requirements Completed by Year 2																					

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Year 3															
Fall						Spring						Summer/Notes			
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade	KINS 3205-Personal Training (3)			
KINS3103	Structural Kins	3	Major			KINS3200	Ex/Sport Nutrition	3	Major						
KINS3203	Physiology of Exercise	3	Major			KINS3223	Biomechanics	3	Major						
KINS3262	Exercise Testing	3	Major			KINS3233	Methods of Res. Training	2	Major						
KINS3243	Exercise Leadership	2	Major			KINS4203	Ex. Prescription	3	Major						
KINS3212	Practicum I	2					Elective	3							
	Elective	3													
<b>Total</b>		<b>16</b>				<b>Total</b>		<b>14</b>							
Year 4															
Fall						Spring						Summer/Notes			
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade				
KINS4213	Essentials of SC	3	Major			KINS4206	Internship	12	Major						
KINS4222	Practicum II	2	Major												
KINS4813	Research Methods	3	Major												
	Elective	3													
	Elective	3													
<b>Total</b>		<b>14</b>				<b>Total</b>		<b>12</b>							