

**BS in Exercise Science  
(Pre-Professional Concentration)**

Year 1													
Fall						Spring						Summer/Notes	
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade	Summer Classes can be taken to lighten Fall/Spring load  POLS 1150 in Area E will satisfy US and GA Constitution Requirements  HIST 2111 or 2112 will satisfy US or GA History Requirements	
ENGL 1101	English Composition I	3	A			ENGL 1102	English Composition II	3	Area				
Area A Math	Any Area A Math	3	A			MATH 2600	Probability and Statistics	3	D				
CHEM 1211	Principles of Chemistry I with lab	4	D & Cognate			Area D/Cognate	PHYS 1111 with lab, or BIOL 1107 with lab	4	D & Cognate				
GC1Y 1000	Critical Thinking	3	B			Core Choice	Area C Humanities and Ethics course	3	C				
Core Choice	Area E Social Science Course Choice 1	3	E			Core Choice	Area E Social Science Course Choice 2	3	E				
KINS 0001	First Year Academic Seminar	1											
<b>Total</b>		<b>17</b>				<b>Total</b>		<b>16</b>					
<b>Area A and GC1Y 1000 must be completed by 30 earned hours</b>													
Year 2													
Fall						Spring						Summer/Notes	
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade	Summer Classes can be taken to lighten Fall/Spring load	
BIOL 2160	Anatomy and Physiology I	4	F			BIOL 2170	Anatomy and Physiology II	4	F				
KINS 2331	Medical Terminology	1	F			KINS 2200	Intro to Exercise Biochemistry	3	F				
PSYC 1101	Intro to General Psychology	3	F			KINS 2323	Nutrition	3	F				
GC2Y 2000	Global Perspectives	4	B			PSYC 2103	Intro to Human Development	3	F				
Core Choice	Area C Fine Arts course	3	E			Core Choice	Area E Social Science Course Choice 3	3	E				
<b>Total</b>		<b>15</b>				<b>Total</b>		<b>16</b>					
<b>GC2Y 2000 must be taken between 30-59 earned hours</b> <b>Recommend Legislative Requirements Completed by Year 2</b>													

Year 3																							
Fall						Spring						Summer/Notes											
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade	Summer Classes can be taken to lighten Fall/Spring load											
KINS 3103	Structural Kinesiology	3	Major			KINS 4203	Exercise Prescription	3	Major					Summer Classes can be taken to lighten Fall/Spring load									
KINS 3203	Physiology of Exercise	3	Major			KINS 3233	Methods of Resistance Training	2	Major							Summer Classes can be taken to lighten Fall/Spring load							
KINS 3262	Exercise Testing	3	Major			KINS 3223	Biomechanics	3	Major									Summer Classes can be taken to lighten Fall/Spring load					
Cognate	BIOL 1107 with lab or PHYS 1111 with lab	4	D & Cognate			KINS 3212	Practicum I	2	Major											Summer Classes can be taken to lighten Fall/Spring load			
KINS 4813	Research Methods	3	Major				Elective	3														Summer Classes can be taken to lighten Fall/Spring load	
							Elective	3															
<b>Total</b>		<b>16</b>				<b>Total</b>		<b>16</b>				Summer Classes can be taken to lighten Fall/Spring load											
Year 4																							
Fall						Spring								Summer/Notes									
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade												
PSYC 3200	Abnormal Psychology	3	Major			KINS 4206	Internship	10	Major														
KINS 4253	Applied Research in Exercise Science	3	Major			KINS 4233	Clinical Exercise Physiology	3	Major														
KINS 3200	Exercise & Sports Nutrition	3	Major																				
	Elective	3																					
	Elective	3																					
<b>Total</b>		<b>15</b>				<b>Total</b>		<b>13</b>															