

Core Choice options can be swapped as needed. Follow DegreeWorks Checksheet for requirements.

Year 1													
Fall						Spring						Notes	
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade		
KINS 0001	First-Year Academic Seminar	1				ENGL 1102	English Composition II	3	A1			*Recommend POLS1150 or HIST2111/2112	
ENGL 1101	English Composition I	3	A1			Core Choice	Area E Social Science Choice 1	3	E				
GC1Y	Critical Thinking	3	B1			Core Choice	Area C1 Humanities and Ethics	3	C				
Area A Math	Any Area A Math option	3	A2			Area D	Science with lab	4	D				
Area D	Science with lab	4	D			Core Choice	Area C2 Fine Arts	3	C				
<b>Total</b>		<b>14</b>				<b>Total</b>		<b>16</b>					
<b>Area A and GC1Y 1000 must be completed by 30 earned hours</b> <b>KINS 0001 does not count toward the 120 hour graduation requirement</b>													
Year 2													
Fall						Spring						Notes	
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade		
GC2Y	Global Perspectives	4	B2			KINS2313	Intro to Public Health	3	F			*Recommend POLS1150 or HIST2111/2112	
MATH2600	Statistics	3	D			KINS2323	Nutrition	3	F				
HSCS2813 or BIOL2160	Anatomy of Human Movement or Anatomy & Physiology I	4	F			HSCS2823 or BIOL2170	Physiology of Human Movement or Anatomy and Physiology II	4	F				
KINS2331	Medical Terminology	1	F			Core Choice	Area E Social Science Choice 3	3	E				
Core Choice	Area E Social Science Choice 2*	3	E			KINS 2303	Personal Health and Fitness	3	F				
<b>Total</b>		<b>15</b>				<b>Total</b>		<b>16</b>					
<b>GC2Y 2000 must be taken between 30-59 earned hours.</b>													

Year 3													
Fall						Spring						Notes	
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade		
KINS 3353	Intro to Environmental Health	3	Major			KINS 3313	Health Promotion Program Planning	3	Major				
KINS 4323 or KINS 4333	US Women's Health & Social Issues or Sexology	3	Major			KINS 3323	Substance Use and Abuse	3	Major				
KINS 4813	Research Methods	3	Major			KINS 3333	Epidemiology & Human Disease	3	Major				
Elective	Optional Minor or Approved Elective	3	Major			KINS 3343	Human Sexuality	3	Major				
Elective	Optional Minor or Approved Elective	3	Major			Elective	Optional Minor or Approved Elective	3	Major				
<b>Total</b>		<b>15</b>				<b>Total</b>		<b>15</b>					
Year 4													
Fall						Spring						Notes	
Course	Title	Hours	Area	Complete	Grade	Course	Title	Hours	Area	Complete	Grade		
KINS 3303	Community Health	3	Major			KINS4306	Internship	12	Major				
KINS 4343	Methods of Health Promotion	3	Major			Elective	Optional Minor or Approved Elective	3	Major				
KINS 4353	Global Public Health	3	Major										
KINS 4363	Public Health Policy & Systems	3	Major										
Elective	Optional Minor or Approved Elective	3	Major										
<b>Total</b>		<b>15</b>				<b>Total</b>		<b>15</b>					