

The recommended four-year plan is designed to provide a blueprint for students to complete their degrees within four years. These plans are the recommended sequences of courses. Students will work with their Academic Advisor to develop a more individualized plan to complete their degree.

This recommended Four-Year Plan is applicable to students admitted during the 2019-2020 academic year.

Total Credits Required: 120 credits

Required GPA for Graduation: 2.0 institutional GPA (All major courses require a C or better)

Legend is available on the last page of this document.

Year 1									
Fall				Spring				Summer	
Course	Title	Hours	Area	Course	Title	Hours	Area	Summer classes can be taken to lighten fall and spring course loads	
KINS0001	1st Year Academic Seminar	1		ENGL1102	English Composition II	3	A	Notes	
ENGL1101	English Composition I	3	A	Area E	Social Sciences Select - 1st of 3	3	E		
GC1Y	Critical Thinking	3	B	Area C1	Humanities and Ethics	3	C		
Area A2	Area A2 MATH Selection	3	A	Area D	Natural Science with Lab	4	D		
Area D	Area D Science with Lab	4	D	MATH 1401	Elementary Statistics	3	D		
Total		14		Total		16			
ENGL 1101, ENGL 1102 and Area A MATH must be completed by 30 overall hours earned.									

Year 2											
Fall				Spring				Summer			
Course	Title	Hours	Area	Course	Title	Hours	Area	Summer classes can be taken to lighten fall and spring course loads			
HSCS2813 or BIOL2160	Anatomy of Human Mvt_or Anatomy & Physiology I	4	F	HSCS2823 or BIOL2170	Physiology of Human Mvt_or Anatomy and Physiology II	4	F	Notes			
GC2Y	Global Perspectives	4	B	KINS 2323	Nutrition	3	F				
KINS2313	Intro to Public Health	3	F	KINS 2303	Personal Health & Fitness	3	F				
KINS 2331	Medical Terminology	1	F	Area E	Social Sciences Select - 3rd of 3	3	E				
Area E	Social Sciences Select - 2nd of 3	3	E	Area C2	Fine Arts	3	C				
Total		15		Total		16					
GC2Y 2000 should be completed in the second year.											
Year 3											
Fall				Spring				Summer			
Course	Title	Hours	Area	Course	Title	Hours	Area	Summer classes can be taken to lighten fall and spring course loads			
KINS 4353	Global Public Health	3	Major	KINS 3313	Health Promotion Program Planning	3	Major	Notes			
KINS4813	Research Methods	3	Major	KINS 3323	Substance Use and Abuse	3	Major				
KINS 4323	US Women's Health & Social Issues	3	Major	KIN S3333	Epidemiology & Human Disease	3	Major				
KINS3353	Environmental Health	3	Major	KINS 3343	Human Sexuality	3	Major				
	Elective- <i>any level</i>	3	Major		Elective- <i>any level</i>	3					
Total		15		Total		15					
Meet with Clinical Coordinator for SHHP to determine internship before fall semester of senior year											

Year 4								
Fall				Spring				Summer
Course	Title	Hours	Area	Course	Title	Hours	Area	Summer classes can be taken to lighten fall and spring course loads
KINS 4363	Public Health Policy & Systems	3	Major	KINS 4306	Internship	12	Major	Notes
KINS 4343	Methods of Health Promotion	3	Major		Elective- <i>any level</i>	3		
KINS 3303	Community Health	3	Major					
	Elective- <i>any level</i>	3						
	Elective- <i>any level</i>	3						
Total		15		Total		15		

Legend

Area This section of the plan references the area of the curriculum the course fulfills.

- A=Core Area A: Communication and Quantitative Skills
- B=Core Area B: Institutional Options
- C=Core Area C: Humanities and Fine Arts
- D=Core Area D: Science, Technology, and Math
- E=Core Area E: Social Sciences
- F=Core Area F: Major Directed Core
- Major=Major Required Course
- Elective=a course a student chooses to help meet overall graduation hours.