

The recommended four-year plan is designed to provide a blueprint for students to complete their degrees within four years. These plans are the recommended sequences of courses. Students will work with their Academic Advisor to develop a more individualized plan to complete their degree.

The GC Journeys Program will transform your way of thinking and experiencing college. By participating in five inside and outside the classroom transformative experiences during your time at Georgia College, you will step outside of your usual surroundings, gain authentic experiences, solve problems, become a leader, participate in real-world settings and put ideas into action. Examples of ways to incorporate your GC Journeys options are shared in the plan below.

This recommended Four-Year Plan is applicable to students admitted during the 2020-2021 academic year.

Total Credits Required: 120 credits

Required GPA for Graduation: 2.0 institutional GPA (All major courses require a C or better)

Legend is available on the last page of this document.

Year 1											
Fall				Spring				Summer			
Course	Title	Hours	Area	Course	Title	Hours	Area	Summer classes can be taken to lighten fall and spring course loads			
KINS0001	1st Year Academic Seminar	1		ENGL1102	English Composition II	3	A	Notes			
ENGL1101	English Composition I	3	A	Area E	Social Sciences Select - 1st of 3	3	E	<b>GC Journeys:</b> First-Year Experience events, programs, and activities will be planned throughout the first year to help you become familiar with GC and develop skills to thrive in the liberal arts environment.			
GC1Y1000	Critical Thinking	3	B	Area C1	Humanities and Ethics	3	C				
Area A2	Area A2 MATH Selection	3	A	Area D	Natural Science with Lab	4	D				
Area D	Area D Science with Lab	4	D	MATH 1401	Elementary Statistics	3	D				
								<b>GC Journeys:</b> Career Milestones for year one will be completed in First-Year seminar.			
<b>Total</b>		<b>14</b>		<b>Total</b>		<b>16</b>					

Year 2											
Fall				Spring				Summer			
Course	Title	Hours	Area	Course	Title	Hours	Area	Summer classes can be taken to lighten fall and spring course loads			
HSCS2813 or BIOL2160	Anatomy of Human Mvt or Anatomy & Physiology I	4	F	HSCS2823 or BIOL2170	Physiology of Human Mvt or Anatomy and Physiology II	4	F	<b>Notes</b>			
GC2Y	Global Perspectives	4	B	KINS 2323	Nutrition	3	F				
KINS2313	Intro to Public Health	3	F	KINS 2303	Personal Health & Fitness	3	F	<b>GC Journeys:</b> Many Core courses can be taken through Summer Study Abroad programs. The School of Health & Human Performance offers a study abroad to Belize. Opportunities to engage in undergraduate research through SHHP Scholars, or with individual faculty members			
KINS 2331	Medical Terminology	1	F	Area E	Social Sciences Select - 3rd of 3	3	E				
Area E	Social Sciences Select - 2nd of 3	3	E	Area C2	Fine Arts	3	C				
<b>Total</b>		<b>15</b>		<b>Total</b>		<b>16</b>					
<b>GC2Y 2000 should be completed in the second year.</b>											
Year 3											
Fall				Spring				Summer			
Course	Title	Hours	Area	Course	Title	Hours	Area	KINS 4333 can be taken in the summer to satisfy KINS 4323			
KINS 4353	Global Public Health	3	Major	KINS 3313	Health Promotion Program Planning	3	Major	<b>Notes</b>			
KINS4813	Research Methods & Statistics	3	Major	KINS 3323	Substance Use and Abuse	3	Major				
KINS 4323	US Women's Health & Social Issues	3	Major	KIN S3333	Epidemiology & Human Disease	3	Major	<b>GC Journeys:</b> Elective courses can be used to participate in Georgia College's Leadership program or can be taken abroad. Opportunities to engage in undergraduate research through SHHP Scholars, or with individual faculty members. In KINS 3303 students will focus on community engagement.			
KINS3353	Environmental Health	3	Major	KINS 3343	Human Sexuality	3	Major				
	Elective- <i>any level</i>	3	Major		Elective- <i>any level</i>	3					
<b>Total</b>		<b>15</b>		<b>Total</b>		<b>15</b>					
<b>Meet with Clinical Coordinator for SHHP to determine internship before fall semester of senior year</b>											

Year 4											
Fall				Spring				Summer			
Course	Title	Hours	Area	Course	Title	Hours	Area	Notes			
KINS 4363	Public Health Policy & Systems	3	Major	KINS 4306	Internship	12	Major	<b>GC Journeys:</b> Opportunities to engage in undergraduate research through SHHP Scholars, or with individual faculty members. Internships are required and completed the last semester of your senior for class credit.			
KINS 4343	Methods of Health Promotion	3	Major		Elective- <i>any level</i>	3					
KINS 3303	Community Health	3	Major								
	Elective- <i>any level</i>	3									
	Elective- <i>any level</i>	3									
<b>Total</b>		<b>15</b>		<b>Total</b>		<b>15</b>					

**Legend**

**Area** This section of the plan references the area of the curriculum the course fulfills.

A=Core Area A: Communication and Quantitative Skills

B=Core Area B: Institutional Options

C=Core Area C: Humanities and Fine Arts

D=Core Area D: Science, Technology, and Math

E=Core Area E: Social Sciences

F=Core Area F: Major Directed Core

Major=Major Required Course

Elective=a course a student chooses to help meet overall graduation hours.