**W F R K I T P R E - T R I P I N V E N T O R Y**

**K I T I D:**

|  |  |
| --- | --- |
| **T R I P :** | **T R I P D A T E S :** |
| **P R E - T R I P I N S P E C T I O N B Y :** | **D A T E O F I N S P E C T I O N :** |

**Inspect WFR kit prior to use: Note expiration dates, quantities and condition of items. Add any additional specialized items needed for the trip (e. g. from med forms).**

**Place a check mark beside each item as it is inspected.**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Qty** | **Item Description** |  | **Qty** | **Item Description** |  | **Qty** | **Item Description** |
| ***OFFICE*** | | | ***MEDICATION*** | | | ***TOOLS/MISCELLANEOUS*** | | |
|  | 1 | Wilderness Medicine book |  | 2 | Epi-Pen |  | 1 | EMS Shears |
|  | 3 | SOAP note forms |  | 20 | Ibuprofen-200mg |  | 1 | Mini Tweezers |
|  | 3 | Incident/Accident Reports |  | 20 | Acetaminophen-500mg |  | 4 | Splinter Removers |
|  | 1 | Ink pen |  | 10 | Aspirin-500 mg |  | 1 | 10cc Irrigation Syringe |
|  | 1 | Pencil |  | 10 | Antihistamine-25mg |  | 1 | Emergency Space Blanket |
|  | 1 | Permanent Marker |  | 5 | Antacid-750 mg |  | 1 | Dental Filling |
| ***WOUND CARE*** | | |  | 10 | Anti-diarrhoeal-2 mg |  | 1 | Book of matches |
|  | 10 | Povidone Iodine Swabstick |  | 1 | Hydrocortisone tube |  | 8 | Tampons |
|  | 10 | Alcohol Prep Pads |  | 1 | Glucose tube-15grams |  | 2 | Pads |
|  | 10 | Antibiotic Ointment (packets) | ***PERSONAL PROTECTIVE EQUIPMENT*** | | | ***COASTAL TRIPS ONLY*** | | |
|  | 15 | Flex Fabric Strip (Band-Aids) |  | 5 | Nitrile Gloves (pairs) |  | 1 | Vinegar (2 oz.) |
|  | 5 | Flexible Knuckle Bandage |  | 2 | CPR barrier |  | 10 | Dramamine |
|  | 20 | Wound Closure Strips |  | 2 | Biohazard bag | ***BACKPACKING TRIPS ONLY*** | | |
|  | 2 | Transparent Dressings 3x4 |  | 1 | Hand Sanitizer |  | 1 | 40 sq. in. Moleskin |
|  | 2 | Abdominal Pad 5x9 | ***SPLINTING*** | | | ***NOTES*** | | |
|  | 8 | Gauze Sponge 4x4 |  | 2 | Ace bandage |  | | |
|  | 4 | Tefla Non Stick Pads 3x4 |  | 2 | Triangle Bandages |
|  | 3 | Elastic Gauze Bandage Rolls |  | 1 | Sam Splint |
|  | 2 | 2” Adhesive Tape |  |  |  |

**T R I P U S E R E C O R D FO R P OS T - T R I P I N V E N T O R Y**

|  |  |
| --- | --- |
| **Post - T R I P I N S P E C T I O N B Y :** | **D A T E O F I N S P E C T I O N :** |

**R E C O R D AL L U S E, D A M A G E, O R L O S S O F C O N T E N T S I N T H I S WF R KI T**

**Before returning this WFR kit to the Outdoor Center, please record ALL items used, damaged, or lost in the appropriate column. Attach written notes on a separate sheet of paper if necessary.**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Qty** | **Item Description** |  | **Qty** | **Item Description** |  | **Qty** | **Item Description** |
| ***OFFICE*** | | | ***MEDICATION*** | | | ***TOOLS/MISCELLANEOUS*** | | |
|  | 1 | Wilderness Medicine book |  | 2 | Epi-Pen |  | 1 | EMS Shears |
|  | 3 | SOAP note forms |  | 20 | Ibuprofen-200mg |  | 1 | Mini Tweezers |
|  | 3 | Incident/Accident Reports |  | 20 | Acetaminophen-500mg |  | 4 | Splinter Removers |
|  | 1 | Ink pen |  | 10 | Aspirin-500 mg |  | 1 | 10cc Irrigation Syringe |
|  | 1 | Pencil |  | 10 | Antihistamine-25mg |  | 1 | Emergency Space Blanket |
|  | 1 | Permanent Marker |  | 5 | Antacid-500 mg |  | 1 | Dental Filling |
| ***WOUND CARE*** | | |  | 10 | Anti-diarrhoeal-2 mg |  | 1 | Book of matches |
|  | 10 | Povidone Iodine Swabstick |  | 1 | Hydrocortisone tube |  | 8 | Tampons |
|  | 10 | Alcohol Prep Pads |  | 1 | Glucose tube-15grams |  | 2 | Pads |
|  | 10 | Antibiotic Ointment (packets) | ***PERSONAL PROTECTIVE EQUIPMENT*** | | | ***COASTAL TRIPS ONLY*** | | |
|  | 15 | Flex Fabric Strip (Band-Aids) |  | 5 | Nitrile Gloves (pairs) |  | 1 | Vinegar (2 oz.) |
|  | 5 | Flexible Knuckle Bandage |  | 2 | CPR barrier |  | 10 | Dramamine |
|  | 20 | Wound Closure Strips |  | 2 | Biohazard bag | ***BACKPACKING TRIPS ONLY*** | | |
|  | 2 | Transparent Dressings 3x4 |  | 1 | Hand Sanitizer |  | 1 | 40 sq. in. Moleskin |
|  | 2 | Abdominal Pad 5x9 | ***SPLINTING*** | | | ***NOTES*** | | |
|  | 8 | Gauze Sponge 4x4 |  | 2 | Ace bandage |  | | |
|  | 4 | Tefla Non Stick Pads 3x4 |  | 2 | Triangle Bandages |
|  | 3 | Elastic Gauze Bandage Rolls |  | 1 | Sam Splint |
|  | 2 | 2” Adhesive Tape |  |  |  |