

*The students here are on a journey in which they will leave their mark on the world.*



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## ***Relating Health Standards to Real-life***



The 7<sup>th</sup> and 8<sup>th</sup> grade students who are taking high school health have been researching and connecting the health standards to real-life situations. Each health standard has been addressed through individual and group presentations and/or role-plays. The students have taken ownership of their learning through this process and have taught each other the high school health curriculum through their perspective of the standards. There is always excitement and creativity in each class which makes learning much easier for all!



Students often share their experiences in health so that they better understand the curriculum and more importantly, each other. When studying the standard on monitoring personal progress for coping with stress, Karlecia Cleveland spoke on how keeping a journal helped reduce a stressful event in her life. She explained that “dealing with a loss can be very overwhelming. I know because I lost my father. In order for me to deal with it, I started a journal. Anytime I was feeling sad and lonely, I would write it down to make me feel better. It also helped me to talk about my feelings with other people.”

The students supplemented their teaching and learning of the standards through the use of health-related novels. Each student read a different novel over the past month and shared how the novel related to the health standards. Kayla Harris connected her novel, Raising the Shades, to the health standard on accessing valid information to enhance health. She said that “people with emotional problems need to seek help when it gets really serious. For instance, if Casey (main character) didn’t tell his father the truth, Casey could become like his father or have mental issues. Casey’s social health could be destroyed and could cause him to become depressed. This is where it could be necessary for Casey to get help, so he could try to be more sociable with people around him.”

## Reminders & Updates:

### Milestone Exams

- Middle School
  - EOG (7th & 8th Grade): April 16-19, 8:30 a.m., Baldwin BOE
  - EOC (8th Grade): May 8 & 9, 8:30 a.m., Baldwin BOE
- High School
  - EOC: May 6-9, 8:30 a.m., Baldwin BOE

### Spring Programs & Ceremonies

- Senior Signing Day
  - Fri., May 10, 10 a.m., Russell Auditorium
- Spring Achievement Program
  - Mon., May 13, 10 a.m., Russell Auditorium
- 8th Grade Bridging Ceremony
  - Tues., May 14, 10 a.m., Russell Auditorium
  - Thurs., May 24, 10 a.m.- OHMS Bridging Ceremony
  - Fri., May 25, 9 a.m.- PCHS Commitment Ceremony
- Senior Farewell Ceremony
  - Wed., May 15, 10 a.m., Russell Auditorium
  - **Graduation Ceremonies:**
    - Fri., May 24, 10 a.m.- GMC College Graduation
    - Fri., May 24, 6 p.m.- PCHS Graduation
    - Sat., May 25, 9 a.m.- BHS Graduation
- Gala 2019 & Senior Cotillion
  - Sat., May 18, 6 p.m., Centennial Center
  - Gala tickets may be purchased from the office
    - \$50.00 per ticket
    - Deadline to purchase- May 3 (if not sold out)

# Georgia College Early College

201 Kilpatrick Education Center/ CBX 73

Milledgeville, GA 31061

<http://www.gcsu.edu/earlycollege>

## WHAT'S HAPPENING AT GCEC: Mar. 4-10, 2019

[CONTACT US](#)

### Monday, March 4

- CGTC Midterms
- GMC Spring Courses Begin
- Student Council & Ambassador Meeting during lunch.

### Tuesday, March 5

- GMC Spring Drop/Add Period
- 12:30 p.m.- GC Dance Class- Session 1
- 2:45 p.m.- After School Tutoring
- 4:00 p.m.- GCEC Advisory Council
- 6:00 p.m.- Junior Ballroom Dance Practice
- 7:00 p.m.- Senior Ballroom Dance Practice

### Wednesday, March 6

- GCEC High School Midterms
- 1:30 p.m.- Ms. Lakeisha Howard will come talk to Mrs. Rosado's 4th Block Health/PE Class about the Navicent Healthcare Baldwin Exploration Program
- 2:45 p.m.- After School Tutoring
- 4:00 p.m.- Yearbook Planning

### Thursday, March 7

- GCEC High School Midterms
- 12:30 p.m.- GC Dance Class- Session 2
- 2:45 p.m.- After School Tutoring

### Friday, March 8

- GCSU Last Day to Withdraw
- 7:30 a.m.- Middle School Team meeting
- 9:00 a.m.- FREE Athletic Physicals or OHMS Athletes
- 1:30 p.m.- Art Club (Rosado)
- Attire: Spirit Shirts & Jeans (\$2.00)

### Sunday, March 10

- Daylight Saving Time Begins

### Important Links:

- [GCEC Student & Parent Calendar](#)
- [GCEC Jacket Order Form](#)

## Congratulations, Jaquez Rozier!



Jaquez Rozier (Class of 2022) ended his 9th grade wrestling season ranking as one of Georgia's top 10 wrestlers for the 113 weight-class. Way to go, Jaquez!

**#GCEC2022 #BaldwinProud**

- [GCEC Student Community Service Log](#)
- [GCEC Parent Volunteer Credit Log](#)
- [GCEC Yearbook Pictures SY19](#)



*Respect, Caring, Integrity, & Personal Responsibility*